



Therapeutic Horticulture

Intergenerational gardening

LW
EXTENSION
Cooperative Extension

August 21, 2009

- **Intergenerational Gardening**

8:30am to 11:30am

Jean Larson,

University of Minnesota Landscape Arboretum

- **Therapeutic Horticulture Activities**

Noon to 2:30pm

Various presenters and activities

- **Incorporating HT into your work**

2:30pm to 4:00pm

Facilitated small group discussion

Program will be hosted at

Rotary Botanical Gardens

1455 Palmer Drive

Janesville, WI 53545

Therapeutic Horticulture training for
Master Gardener Volunteers and others

For over 12 years, Jean Larson, PhD., has been Program Manager of the Center for Therapeutic Horticulture at the University of Minnesota Landscape Arboretum. Dr. Larson facilitates therapeutic horticulture programs for people with developmental disabilities, patients with eating disorders, patients with Parkinson Disease, and high school students with chemical health issues. She will present an overview of the therapeutic horticulture programs at the University of Minnesota and the keynote topic, "Intergenerational Gardening". Elders and children gardening together create a unique learning environment; Dr. Larson uses the 5 senses to bring groups together.

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